# Holy Cross College (Autonomous), Nagercoil

**Nationally Re-Accredited with A$^+$ (CGPA3.35) by NAAC (IV Cycle)**

**Kanyakumari District, Tamilnadu, India**

Affiliated to

## Manonmaniam Sundaranar University,Tirunelveli

**PG Syllabus**

**(With effect from the academic year 2020-2021)**

**Issued from**

**THE DEANS' OFFICE**

**To Department of Social Work**

## Semester I,II,III&IV

## (Witheffectfromtheacademicyear2020-2021)

**Vision:**

"Empowering the young women as change makers in the society through networking withvariousagencies,inculcatingprofessionalvaluesandattributeswhichleadtotheholistic development of the society".

**Mission:**

- Toimplantthestudentstowardssocialconcernandproblemsthroughinculcationofdemocratic and humanitarian values.
- Tosensitizethevariousissuesinthesocietyfortheempowermentofmarginalized and vulnerable people.
- To reach the unreached through advocacy and right based approach.
- Applyingskillsinsocialworkpracticeandsocialworkresearchindifferentfieldsforachievingde sirable changes and development.
- Tofacilitateentrepreneurshipandcareerguidancethroughactivitybasedlearning.

### Programme Educational Objectives(PEOs)

| PEOs | Upon Completion of MSW degree programme, the graduates will be able to: |
|------|-------------------------------------------------------------------------|
| PEO-1 | Thegraduatesusescientificandcomputationaltechnologytosolvesocialissuesand Pursuere search. |
| PEO-2 | Ourgraduateswillcontinuetolearnandadvancetheircareersinindustrybothin Public and private sectors, government and academia. |
| PEO-3 | The graduates will attain professional knowledge and practice to work in differentfieldsofSocialsettingstransferringone'sknowledge,skillsandexpertisetocomm unity(Communitycanincorporatelocal,municipal,nationalandinternational scope)with professional ethics and values |

## Program Outcomes(POs)

| POs | Upon completion of M.S.W. programme, the graduates will be able to: |
|---|---|
| PO –1 | Designandundertakeindividualresearchwhichwillcontributetothefuture ideological and societal development |

| POs | Upon completion of M.S.W. programme, the graduates will be able to: |
|---|---|
| PO –2 | Enhance in-depth learning by using innovative technological sources |
| PO –3 | Integratevarioustheoriesandmethodologiesrelatingtosocialandenvironmental contexts |
| PO –4 | Articulatecriticallytoaddresstheemergingnationalandglobalchallengeswithan Ethical outlook. |
| PO –5 | Performtheprofessionalismandteamspiritandexhibitleadership,communication And managerial skills. |

## Programme Specific Outcomes(PSOs)

| PSOs | Upon completion of M.S.W. programme, the graduates will be able to: |
|---|---|
| PSO1 | Developabilitytoidentify,formulateandanalysecomplexsocialproblemsusingsocialwor knowledge through placements in service organizations and in open Community. |
| PSO2 | Acquireskillstopracticevaluesandethicsofsocialworkpracticeswithdiverseand Vulnerable populations. |
| PSO3 | Applysocialworkmethods,researchbasedactivitiesandresearchtofacilitate Realistic understanding and contribute to the societal development. |
| PSO4 | Developappropriateresources,usetechnologyandinnovativemethodstoenhance Theoretical knowledge and practical wisdom. |
| PSO5 | Conductappropriateprogrammesforsustainabledevelopmentbygivingorientationaboute nvironmentaltransformationanddevelopingknowledgeaboutsustainable development. |
| PSO6 | Enhanceinter personal and intra-personalskillsfortheefficientandcompetentpersonalandprofessionalroleperformancewit hvarious groups of professional and Para-professional teams. |

**Eligibility Norms for Admission**

Apassingminimumof50%inanyBachelor Degree under any recognized university.

**Duration of the Programme**: 2

years **Medium of Instruction**:

English **Passing Minimum:**

Aminimumof50%intheexternalexaminationandanaggregateof50%arerequired. There is no minimum pass mark for the Continuous Internal Assessment.

## Components of M.S.W Programme

|  | Components | Maximum Marks/Course | Total Marks |
|---|---|---|---|
| **Major** | Core-Theory Papers | 8 x 100 | 800 |
|  | Elective-TheoryPapers | 5 x 100 | 500 |
|  | Research Project | 1 x 100 | 100 |
|  | Block Placement | 2 x 100 | 200 |
|  | Core-Practical | 4 x 100 | 400 |
| **Total Marks** | | | **2000** |

# Course Structure Distribution of

## Hours and Credits

| Course | Semester I | Semester II | Summer Vacation | Semester III | Semester IV | Total | |
|---|---|---|---|---|---|---|---|
| | | | | | | Hours | Credit |
| Core-Theory | 5(4)+6(5) 5(4) +4(4) | 5(4)+6(4) 4(4) | - | - | 5(4) | 40 | 33 |
| Core-Practical | 10(5) | 10(5) 5(4) | - | 4(4)&4(3) | 10(5) 5(4) | 48 | 30 |
| Elective | | | - | 5(4) 5(4) 5(4) | 5(4) 5(4) | 25 | 20 |
| Project | - | - | - | 7(5) | - | 7 | 5 |
| **Total** | 30(22) | 30(21) | - | 30(24) | 30(21) | 120 | 88 |
| **Non-academic courses** | | | | | | | |
| *Life Skill Training-I | - | (1) | - | - | - | | 1 |
| *Life Skill Training-II | - | - | - | - | (1) | | 1 |
| *Community Engagement Course | - | (1) | (1) | | | | 2 |
| *Summer Training | | | | | | | |

| Programme | | | | | | | |
|---|---|---|---|---|---|---|---|
| *UBA | | | | | (2) | | 2 |

- **Non-academiccoursesaremandatoryandconductedoutsidetheregularworkinghours.**

**Courses offered**

| Semester | Course code | Title of the Course | Hours/Week | Credits |
|---|---|---|---|---|
| I | PW2011 | **CoreI**: Introduction to Professional s ocial work | 5 | 4 |
| | PW2012 | **Core II**: Sociology for Social work | 6 | 5 |
| | PW2013 | **Core III**: Community organization and Social Action | 5 | 4 |
| | PW2014 | **CoreIV** :Social Work Practice with Individual and Group | 4 | 4 |
| | PW20P1 | **Practical I:**(Observationvisit&Rural | 10 | 5 |
| | SLP201 | Community Engagement Course | - | - |
| II | PW2021 | **CoreV**: Social Welfare administration And Social Legislation | 5 | 4 |
| | PW2022 | **CoreVI**: Social Work Research and Social Statistics | 6 | 4 |
| | PW2023 | **Core VII**: Dynamics of Human Behaviour | 4 | 4 |
| | PW20P2 | **Practical II**(Concurrent Field Work) | 10 | 5 |
| | PW20P3 | Block Placement | 5 | 4 |
| | SLP201 | Community Engagement Course | - | 2 |
| | LST201 | Life Skill Training(LST) –I | - | 1 |

| | | | | |
|---|---|---|---|---|
| **III** | | **Elective I:** | 5 | 4 |
| | PW2031 PW2032 | a. Developmental planning and Administration b. Public Health Management | | |
| | | **Elective II:** | 5 | 4 |
| | PW2033 PW2034 | a. Rural Community Development b. Mental health and Psychiatric disorders | | |
| | | **Elective III:** | 5 | 4 |
| | PW2035 PW2036 | a. Urban Community Development b. Medical Social Work | | |
| | PW20P4 | **Practical IV** (Concurrent Fieldwork and Study tour) | 4+4 | 4+3 |
| | PW20P5 | Research Project | 7 | 5 |
| | STP201 | Summer Training Programme | - | 1 |
| **IV** | | **Core VIII:** Psychological Counseling- Theory and Practice | 5 | 4 |
| | PW2041 | | | |
| | | **Elective IV:** | 5 | 4 |
| | PW2042 PW2043 | a. NGO Management b. Psychiatric Social work | | |
| | | **Elective V:** | 5 | 4 |
| | PW2044 PW2045 | a. Development Communication b. Hospital Administration | | |
| | PW20P6 | **Practical VI** ( Concurrent Field Work) | 10 | 5 |
| | PW20P7 | Block placement | 5 | 4 |
| | LST202 | Life Skill Training(LST)– II | - | 1 |
| | | UBA | - | 2 |

| | | TOTAL | 120 | 95 |
|---|---|---|---|---|
| | | | | |

## SelfLearning–Extra Credit Course

| Semester | Course Code | Title of the Course | Hours/Week | Credits |
|---|---|---|---|---|
| II | PW20S1 | Indian Polity | - | 2 |
| IV | PW20S2 | Criminology and Forensic Science | - | 2 |

## Instruction for Course Transaction

## Theory(Major Core/Elective)Paper Hours

| Components | Sem .I | Sem. II | Sem. III | Sem. IV |
|---|---|---|---|---|
| Lecture hours | 40/55/70 | 40/55/70 | 70 | 70 |
| Continuous Internal Assessment | 5 | 5 | 5 | 5 |
| Quiz(2) | 1 | 1 | 1 | 1 |
| Class Test(2) | 2 | 2 | 2 | 2 |
| Group discussion/Case study/Roleplay | 3 | 3 | 3 | 3 |
| Class assignment | 2 | 2 | 2 | 2 |
| Seminar | 7 | 7 | 7 | 7 |
| **Total Hours** | **60/75/90** | **60/75/90** | **90** | **90** |

## Examination Pattern

a) **Major Core theory &Elective:**
   Ratio of Internal and External components–40:60

**Internal Components and Distribution of Marks**

| Internal Components | Marks |
|---|---|
| Continuous Internal | 20 |
| Assesment(2)Quiz(2) | 4 |
| Class Test(2) Online | 4 |
| Home Assignment | 4 |
| Group Discussion/ Problem Solving/ Open book test /Casestudy/Collage making/Class assignment | 4 |
| Seminar | 4 |
| **Total** | **40** |

**Question Pattern(Core/Elective)**

| Internal Exam | Marks | External Exam | Marks |
|---|---|---|---|
| Part A-4 x 1 (No Choice)Part B-3x4(Internal Choice) | 4 12 24 | Part A-10 x 1(No Choice)PartB-5x3(Internal Choice) | 10 15 35 |
| PartC -3 x8      (Internal Choice) | | PartC -5 x7      (Internal Choice) | |
| **Total** | **40** | **Total** | **60** |

**Practical Papers** (Observation visit& Rural camp ,Block Placement training

and Concurrentfieldwork)Internal:60 marks

External:40marks

**Total:100 marks**

**Concurrent Field work:**

| | | |
|---|---|---|
| Regularity for IC | : | 5 Marks |
| Reporting | : | 10Marks |
| Mobilizing resources | : | 5Marks |
| Community Participation | : | 5Marks |
| Propaganda | : | 5Marks |
| Documentation | : | 5Marks |
| Marks fromthe agency | : | 25 Marks |
| **Total Marks** | **:** | **60Marks** |

**Block Placement training:**

| | | |
|---|---|---|
| Regularity | : | 10Marks |
| Daily Report | : | 10Marks |
| Documentation | : | 15Marks |
| Marks from the agency: | | 25Marks |
| **Total Marks** | **:** | **60Marks** |

a) **Project**

Internal:      60

External:      40

Regularity for IC      :      10

Marks Introduction      :      5

Marks Review of Literature: 5

Marks Methodology      :      10

Marks Analysis and Interpretation: 10

Marks Findings and suggestion:      5

Marks Bibliography      :      5Marks

Format          :      10Marks

**Total Marks    :    60Marks**

## LifeSkillTraining

**Ratio of Internal and External  60 : 40**

### Internal Component

| Components | | Marks |
|---|---|---|
| **Life Skill Training-I** | Album(20pages) | 40 |
| | Group Song, Mime, Skit(Group of 5 students) | 20 |
| | **Total** | **60** |
| **LifeSkillTraining-II** | Case Study(30page) | 60 |
| | **Total** | **60** |

### External Component

| **Written Test** | Five out of Seven (5 x 8) | 40 |
|---|---|---|
| | **Total** | **40** |

## SLP-Community Engagement Course(CEC)
(Field Work –15 hrs; Class Hours –15 hrs)

**Ratioof Internal and External 50 : 50**

### Internal Component

| Component | Marks |
|---|---|
| Assignment | 10 |
| Group Discussion | 10 |
| Attendance (Field Work) | 30 |
| **Total** | **50** |

### External Component

| Component | Marks |
|---|---|
| Group Project Report/Case Study(10-15pagesinprint) | 50 |
| **Total** | **50** |

# SEMESTERI

**Semester I**

**INTRODUCTIONTOPROFESSIONALSOCIALWORK**

## CourseCode:PW2011

| Number of Hours per week | Number of Credit | Total Number of Hours | Marks |
|---|---|---|---|
| 4 | 4 | 45 | 100 |

**Objectives:**

- To impart knowledge on the values and ethics of social work.
- To sensitize the students on social issues.

### Course outcomes(COs)

| Co No. | Upon completion of this course, students will be able to | **PSO addressed** | **CL** |
|---|---|---|---|
| Co-1 | Explain the meaning and concept of various social work practices. | **PSO-2** | **U** |
| Co-2 | Describe the evolution of social work in U.K,U.S.A and India. | **PSO-2** | **U** |
| Co-3 | Explain the philosophy, principles and Functions of social work asa profession. | **PSO-2** | **U** |
| Co-4 | Express the merits and demerits of professional socialwork in India. | **PSO-2** | **U** |
| Co-5 | Categorize the primary and secondary social work methods withits merit and demerits. | **PSO-3** | **An** |
| Co-6 | Understand the major theories and models in social work | **PSO-3** | **U** |
| Co-7 | Apply the social work methods in various field of social work. | **PSO-3** | **Ap** |

## Unit–I

**SocialWork**:Meaning,Definition,Concept,HistoricalDevelopmentinU.K,USAandIndia.

ConceptsinSocialworkpractice:SocialService,socialwelfare,socialsecurity,Socialdefense, Social development, Social exclusion and Social Reform.

**Unit-II**

**Professional Social Work:** Nature, scope, objectives, Philosophy, Principles and their applications, Functions, Approaches and models , Methods, Values, Ethics, code of conduct, Social work as aProfession,ProspectsandlimitationofpracticesofprofessionalsocialworkinIndia.

**Unit –III**

**Methods of Social work:** Primary methods- Case work (Micro Social Work), Group work (Meso Social Work), Community Organization (Macro Social Work). Secondary methods - Social Welfare Administration, Social Work Research and Social Action. Social Work Professional Organizations-statusandproblemsofNationalandInternationalorganizations.

**Unit– IV**

**Theories and models of Social work:**

Systems theory, Psychodynamic Theory, Social learning theory and Conflict theory. Models of Socialwork- Problem Solving Model, Cognitive Behaviour Model, Crisis Intervention Model, Integrated Socialwork model,Developmentalmodel,empowermentandjusticemodelandradicalmodel

**Unit –V**

**Fields of Social Work**: Meaning, Scope and Role of professional social work in different fields-Communitysetting,Familysetting,Hospitalsetting,Correctionalsetting,EducationalSetting,Industrialsetting,DiasterManagement,HumanRight,EcoSocialWorkandGerentlogicalSocialWork.

**Reference:**

1. Bhattacharya,IntegratedApproachtoSocialWorkinIndia,Jaipur:RajPublishingHouse(2001)
2. Bradford,W.Sheafor,Charles,R.Horejsi,GloriaA.-Fourth Edition TechniquesandGuidelinesforSocialWork,London:AllynandBacon,AViacomCompany(1997)
3. Desai,MuraliIdeologiesandSocialWork(HistoricalandContemporaryAnalysis),Jaipur:RawatPublication(2002).
4. Diwakar, V.D.Social Reform Movement in India, Mumbai:PopularPrakashan(1991)
5. Roy, Bailey and Phil, Lee Theory and Practice in Social Work, London(1982)
6. O'Neil,MariaMacMohan:GeneralMethodsofSocialWorkPractice,London:AllynandBacon(1996ThirdEd.)

## Semester I Sociology for
## Social work
## CourseCode:PW2012

| Number of hours perWeek | Number of credit | Total number of hours | Marks |
|---|---|---|---|
| 5 | 5 | 75 | 100 |

**Objectives:** 1. To provide the students of social work a sociological perspective on Indian society, its structure and dynamics

2. To enhance an analytical understanding among the students about the Indian society to aid in better professional practice.

3. To sensitize the students of the need to acquiresuitable skills to deal with societalissues

### Course out comes(COs)

| Course outcome | Upon completion of the course, the students will beable to: | PSOs addressed | Cognitive level |
|---|---|---|---|
| CO-1 | Recall the concepts of sociology and recognize its relationship with social work | **PSO-2** | **Re** |
| CO-2 | Distinguishthevarioussocialprocess | **PSO-1** | **Ev** |
| CO-3 | Analyse the impact of culture and Institutionin IndianSociety | **PSO-1** | **An** |
| CO-4 | Distinguish the various social control mechanisms and the basis for social stratification in India | **PSO-1** | **An** |
| CO-5 | Explain the philosophy and major contribution of Indian sociological thinkers and assess the impact of socialmovements in Indian context | **PSO-5** | **U, Ev** |
| CO-6 | Evaluate the causes and consequences of major social Problems and the developmental issues on liberalization, globalization and privatization | **PSO-5** | **Ev** |
| CO-7 | Assess the role of social worker in social problems and development of appropriate strategies. | **PSO-1** | **Ev** |

**Unit- I:Introduction to Sociology**: Meaning and characteristics of Society, Community, social group, social association and Social institution. Social Structure and social system- functions of social institutions- marriage, family, kinship, caste , religion and education. Relationship of sociology with social work.

**Unit- II: Culture, Society and social process** : Concept, functions and elements of culture- norms,folkways, mores ,institutions and laws; Cultural lag and cultural shock .Institutions: Types ofinstitutions(Religious,Economic,Educational,socialandpolitical);Changingtrendsintheseinstitutions and their impact on Indian society; social processes(Co-operation, competition, conflict, accommodation,a ssimilation and acculturation)

**Unit III: Social control and Social stratification**: Social control: Concept, types and functions. Majoragentsofsocialcontrol:kinship,religion,law,education,traditionsandcustoms.     Socialstratification: Meaning and functions, basis of social stratification in India- caste, modern trends of caste system in India, sanskritization.

**Unit- IV: Social change and Social movements:** Major philosophy and major contributionsof sociological    thinkers-Mahatma Gandhi, Swami Vivekananda, Dr. Ambedkar, E.V. R. Periyar, Social change-meaning, theories, factors, social movements- meaning, causes ,types. Major Social movements in India–
NarmadhaBachoAndolan,Dalitmovement,Womenmovement,Dalitmovement,Naxalbarimovement,Religious movements

**Unit-V:SocialProblemsanddevelopmentalissues**:Childrenproblems-ChildLabour,    Child    Abuse. Adolescent's problems- Alcohol and substance abuse, corruption, crime and delinquency, Cybercrimes. Women Problems –Divorce, Prostitution, and Problems of Destitutes. Problems of physically and mentally challenged, refugees and transgenders – developmental issues- issues arising out of liberalization, globalization and privatization.

**Books for Reference**

1. AbhijitDasgupta,2012,Onthemargins:Tribes,castesandothersocialcategories(Fourth),SagePublications, New Delhi.

2. Sachdeve D.R.and VidhyaBhushan, 2006,Introductiontosociology, Kitab Mahal, Allahabad.

3. G.R.Madhan, 1973,IndianSocialProblems,AlliedPacificPvt.Ltd,

4. Sahu D.R., 2012,SociologyofSocial movement Sage Publications, NewDelhi.

5. M.N.Srinivas,1963,SocialChangeinModernIndiaUniversity of Calcutta

6. TharaBhaiL,2012,Indiansociologyissuesandchallenges,SagePublications,NewDelhi

7. SurinderS.Jodhka,2012,Changingcaste,ideology,identityandmobility,SagePublications,NewDelhi

8. DiwakarV.D,1991,SocialReformMovement in India, Mumbai: Popular Prakashan

## COMMUNITYORAGINISATIONANDSOCIALACTION

### CourseCode:PW2013

| HoursPer  Week | Number of Credit | Number of Hours | Marks |
|---|---|---|---|
| 3 | 3 | 45 | 100 |

**Objectives:**

- To help the students to get knowledge about the community.
- To capture the policy and participation of the community development.

## Course Outcomes(COs)

| Co No. | Upon completion of this course, students will be able to | PSO addressed | CL |
|---|---|---|---|
| Co-1 | Underst and the roles and skills of community organization. | **PSO-2** | U |
| Co-2 | Differentiate the integrative and disintegrative process in the community. | **PSO-2** | **An** |
| Co-3 | Distinguish the community organization and community development. | **PSO-2** | **An** |
| Co-4 | Understand,  respond  and  practice  the  methods of community organization. | **PSO-2** | U |
| Co-5 | Apply and analyse the intervention techniques incrisissituation. | **PSO-1** | **Ap** |
| Co-6 | Understand the social action as a socialwork method. | **PSO-3** | U |
| Co-7 | Develop the personality requirement as a social activist | **PSO-3** | C |

**Unit I**

**Community organization:** Concept, meaning, Objectives, characteristic, principles, scope, history,values.Communityorganizationasamethodofsocialwork.Rolesandskillsofcommunityorganizer.

**Unity II**

**CommunityDynamics:**Integrativeanddisintegrativeprocessinthecommunity.Communitywelfare councils and community chests. Community Organization and Community development–similarities and differences.

**Unit III**

**Methods of community organization:** Fact-finding, planning, mobilization, Rapport building, group decision making, conference and committee practice, co-operative action, negotiation, consultation,conflictresolution,Resourcemobilization,Administration,Recording,Evaluation.

**Unit IV**

**SocialWorkInterventioninEmergencies:**Fire,Flood,Drought,Earthquake,Tsunami,WarFamine,andot herCommunityissues.ModerntechniquesneededforSocialWorkers:SWOTanalysis,PRAtools,Timeman agement .Project management, social audit**.**

**Unit V**

**Social Action** : Concept, definition, objectives, history, elements and strategies– social action as asocial work method– social worker as a social activist ,roles and personality requirements.

**Reference:**

1. Cox Fred,Community organization ,Michigan:F.E.Peakcock Publishers(1987).

2. Friedlander, W.A. Concepts and Methods in SocialWork ,Eaglewood Cliffs, NewDelh i:BenticeHallInternationalInc(1978).

3. Gangrade, K.D Community Organization in India, Mumbai: popular Prakashan(1971).

4. Murray. G .Ross, Community organization theory and practice(2000)

5. Sanjay Bhatachrya, Social Work- AnIntegratedApproach,DeepandDeepPublicationsprivateLtd,Delhi.(2011)

## Semester I
## SOCIALWORK PRACTICEWITHINDIVIDUALSANDGROUPS
## Course Code:PW2014

| Number of Hours per Week | Number of Credit | Total Number of Hours | Marks |
|---|---|---|---|
| 3 | 3 | 45 | 100 |

**Objectives:**

☐ To understand Social Case Work as a primary method and to learnits applicability in different settings.To help the students to develop various skills and knowledge in dealing with the in

☐ dividuals.

☐ To

Make the students to understand various psycho- social problem so fan in dividual and

how to tackle the situation

### Course Outcomes(COs)

| Co No. | Upon completion of this course, students will be able to | PSO addressed | CL |
|---|---|---|---|
| Co-1 | Understand the social casework as a primary method. | **PSO-2** | U |
| Co-2 | Explain the values and principles of case work practice. | **PSO-2** | U |
| Co-3 | Identify the various psycho-social problems of an individual. | **PSO-2** | U |
| Co-4 | Practice social case work process and techniques in various in dividuals and families. | **PSO-2** | Ap |
| Co-5 | Construct the ability to prepare and present adequate and detail edreportson social case work. | **PSO-2** | C |
| Co-6 | Understand the importance and evolution social groupwork. | **PSO-2** | U |
| Co-7 | Identify the Group formation and its stages. | **PSO-1** | U |
| Co-8 | Apply social group work process and techniques in various groups in the community. | **PSO-4** | Ap |

**Unit I**

**Introduction to Social Case Work**: Nature, Concept, Definition, Objectives, Case work skills, Goals,Values and Principles of Case Work Practices. Historical development of of Social Case Work.

**Unit II**

**Helping Process:** Intake, Case Study-Tools for case study, Diagnosis -types of diagnosis, factors involved in diagnosis, Treatment –Techniques and Methods, Process, Establishing Treatment Goals, Treatment Plan, Application of Treatment Methods, Termination-Methods and techniques. Case work recording and its importance

**Unit III**

**IntroductiontoSocialGroupWork:**Definition,Functions,Importance,Principles,Concept,Objectives of group work, Skills, Philosophy, Scope, Historical development of Social Group Work Method .Problems and Limitation of Social Group Work Practice in India. Models of Group Work.

**Unit IV**

**Types of Groups: primary and secondary groups** , formal and informal groups, Open and Closed Groups, Reference Group, Group Cohesiveness, Treatment Groups: Educational, Growth, Remedial,Grouppsychotherapy,Groupcounselling,TaskGroups:council,committee&Team

Developmental Groups: Self help Groups, Support Groups

**Unit V**

**Group work Process:** Group Formation and its stages, Group Bond, Sub Groups, clique, Gang ,Dyad, Triad, Group norms, Group Climate, Group Dynamism. Leadership in groups, ProgrammePlanning,ImplementationandEvaluation.RecordinginGroupandTypes.

**Reference**

1. Aptekar, Herbert The Dynamics of Casework and Counselling, New York : Houghton Mifflin Co.(1955)
2. Hamilton, Gordon The New York School of Social Work : Theory and Practice of Social Case Work, New York and London: Columbia University Press(1970)
3. Perlman, Helen H Social Case Work -A Problem solving process, University of Chicag Press, Chicago. (1957) Battacharya Sanjay, Social Work an Integrated Approach, New Delhi: Deep & Deep Publicators Pvt .Ltd
4. Douglas Tom, A Theory of Group Work Practice, Macmilan Press(2005)
5. Trecker, Harleigh, B. Social Group Work: Principles and Practice, Association
6. Association Press, New York(1967)

**I M.S.W**
**Semester I**
**Life Skill Training - I**
**Course Code: LST201**

| No. of hours per week | Credit | Total no. of hours | Marks |
|---|---|---|---|
| 1 | 1 | 30 | 100 |

**Objectives:**
- To understand the fundamental rules of success
- To practice integrity in day to day life

### Course Outcomes (COs)

| CO No. | *Upon completion of this course, the students will be able to:* | PSO Addressed | Cognitive Level |
|---|---|---|---|
| CO-1 | Understand the human values to lead a successful life | PSO- | U |
| CO-2 | Apply the ethics in real life situation | PSO- | A |
| CO-3 | Analyse and improve one's attitude | PSO- | Y |

**Unit I**

Success - Success formulae.

Goals - The law of Karma, The law of clarity, and The law of flexibility.

Positive Mental Attitude - The law of optimism and self-confidence.

**Unit II**

Purposeful-Burning desire - The law of desire and The law of energy.

Planning and Preparation - The law of planning.

**Unit III**

Resources - The law of maximization - Time and its management: health, courage, strengths and weaknesses, attitude, will and skill, enthusiasm, initiative, creativity/resourcefulness/ingenuity, experience, appearance, orderliness and neatness, courtesy, politeness and manners, charisma, live life, have luck and skills.

**Unit IV**

Self-discipline -The law of time preference and The law of direction.

Action - The law of applied effort and The law of compensation.

Persistence.

**Unit V**

Prayers - The partnership with God - work with commitment towards the goal - work and prayer.

Values - to attain stability in life -Benjamin Franklin's thirteen virtues.

**Text Book**

Rao, C.N. (2014). 10 Fundamental Rules of Success. India: V & S Publisher.

**Reference Books:**

1. Bellamy, D.R. (1999). 12 Secrets for Manifesting your Vision, Inspiration and Purpose. India: Master Mind Books.
2. Iyer, S.S. (2009). Managing for Value. New Delhi: New Age International Publishers.
3. Sharma, S.P. (1999). Success Through Positive Thinking. Delhi: Pustak Mahal
4. Raj, A.S. (2015). Personality Development. Delhi: Firewall Media.

## Semester II

## SOCIALWELFAREADMINISTRATIONANDSOCIALLEGISLATION

### CourseCode:PW2021

| Number of Hours per Week | Number of Credit | Total Number of Hours | Marks |
|---|---|---|---|
| 4 | 4 | 45 | 100 |

**Objectives:**

- To get more knowledge about women development ,problems faced and rights of women
- To understand the method of social welfare administration

### Course Outcomes(COs)

| Co No. | Upon completion of this course, students will be able to | PSO addressed | CL |
|---|---|---|---|
| Co-1 | Recall the social structure and beliefs influencing the status of women. | **PSO-2** | **K** |
| Co-2 | Understand the principle and functions of social welfare administration in national and international level | **PSO-2** | **U** |
| Co-3 | Interprett he methods and techniques of social welfare administration. . | **PSO-3** | **Ap** |
| Co-4 | Explain the   registration act regarding NGO and companies formation. | **PSO-2** | **An** |
| Co-5 | Assess Theme thodsand techniques of social welf are administration in the organization | **PSO-2** | **E** |
| Co-6 | Generalize the various acts related to women and children development. | **PSO-2** | **C** |

**Unit-I Social Welfare**

**Administration-**

concept,scope,principles,natureandtask.SocialWelfareboardsanditsfunctions.Socialwelfareorganizatio n-national and international levels.

**Unit-II**

Methods and techniques of Social Welfare Administration. POSDCORB:         planning– organizingstaffing,directing,coordinating,reportingandbudgeting.Officeadministration- finance, fundraising,

accounting, auditing, purchases and stock keeping, record maintenance, public relation, monitoring and evaluation, research and annual report.

**Unit-III**

**Registration**- Societies Registration Act 1860, procedure under Tamil Nadu Societies registration Act1975- Foreign contribution( Regulation) Amendment Act 1985, Indian Trust 1882,Companies Act1956- The duties and responsibilities of office bearers and executives, the role of general body and governing body.

**Unit IV Social legislationI**

**(**Major provisions of the following legislations)

Introductiontopersonallaws,legislationpertainingtomarriage,Divorce,adaption,propertyLegislationpert aining to children- POSCO, Childlabour ,JJAct, childmarriage,

Legislation pertaining to women-Dowry, Divorce, Domestic violence, Sexual Harassment, Indecentre presentation in any form.

**Unit V**

**(**Major provisions of the following legislation)

Legislation pertaining to REI, SC, ST, PCR, RTI, Bonded labor, Protection of Human rights Act, Elderly.

**References**

1. Bose,A.B-social welf are planning in India new Delhi, ECAFE(mimeo)(1970)
2. Dr.Subramaniam.S.,-50yearsofIndia'sIndependence,Manaspublications,NewDelhi- 110002(1997)
3. Choudry,PaulHandbookonsocialwelfareinIndia,strelingpub,NewDelhi,(1979)
4. Choudry, Paul Social Welfare Administration, AtmaRam & Sons ,Delhi,(1979).
5. Bhattacharya Sanjay, Social Work– AnIntegratedApproach,DeepandDeepPublicationsPrivateLtd.Delhi(2011)

**SOCIALWORKRESEARCH ANDSOCIALSTATISTICS**
**Course**Code:PW2022

| Number of hours perWeek | Number of credit | Total number of hours | Marks |
|---|---|---|---|
| 5 | 5 | 75 | 100 |

**Objectives**

- To comprehend the importance of research as a social work method
- Tobefamiliarwithvariousresearchdesigns,methods,statisticaltoolsandtechniquesrelevantto social work research.
- To facilitate the students the skills for collecting and analysing the data on recent social issues and motivate them to wards social work research process.
- To understand the nature of social work research and help the students to prepare scientific report on the research work carried out.

**Course Outcomes(Cos)**

| CO No. | Upon completion of this course, students will be able to | POs addressed | CL |
|---|---|---|---|
| CO-1 | Recall the concepts of social work research and recognize theResearch process of social work | PSO-2 | R |
| CO-2 | Formulate and choose suitable sampling methods for study | PSO-4 | C |
| CO-3 | Distinguish between various    research designs based on theResearch | PSO-3 | An |
| CO-4 | Develop the methods and tools for collecting data | PSO-3 | C |
| CO-5 | Recognize the importance of statistics in social work research with reference to statistical tools. | PSO-3 | An |
| CO-6 | Organize the data using various scaling techniques. | PSO-4 | Ap |
| CO-7 | Apply the skills of presentation and interpretation of data for Writing the research report | PSO-2 | Ap |
| CO-8 | Recall an recognize the ethics of social work research with Diverse population | PSO-2 | R |

**UnitISocialworkresearch**;Meaning,definition,purposeofresearch,Typesofresearch:Qualitativea ndquantitativeresearch-Socialresearchandsocialworkresearch.Scientific Method; Nature, Characteristics, purpose and steps in research process; variable and its types, Hypothesis: Formulation, Attributes of hypotheses and types and significance; criteria for good research.

**Unit II Research design and Sampling**: Research design: Exploratory, Descriptive, Diagnostic and Experimental. Formulation of research problem. Sampling: Definition, principles,Types and procedures; population and Universe, Census and sampling; measurement: Meaning, levels of measurement: Nominal, ordinal, interval and ratio; validity and reliability; scaling techniques

**Unit III Sources and methods of data collection**: Sources: Primary and Secondary, Research tools Observation, case study and Survey methods, Interview, interview schedule, questionnaire:constructionofquestionnaire,typesofquestion,questionformatandsequenceofquestio ns.

**Unit IV Preparation ofResearchreport**:Processingthe                    data; tabulation;Diagrammaticrepresentationofdata:interpretationofdata;Reportwritingandreferencing; Agenciesinvolvedinsocialresearch;Ethicalconsiderationsofsocialworkresearch;

**Unit V Social statistics**: Statistics: Meaning, aim, purpose, scope and functions. measures ofcentral tendency: Arithmetic mean, median and mode. Dispersion: range, quartile deviation,standard deviation and co-efficient ofvariation.Tests of significance: Ttestand chi-squaretest., correlation: meaning, types and uses, Karl Pearson's coefficient of correlation and Rankcorrelation. Computer Applications: Use and application of computer in Social Work ResearchwithspecialtoStatisticalPackageforSocialScience(SPSS),R.

**BooksforReference**

1. Goode, WJandHatt,PK.(1952).MethodsinSocialResearch.Mc.GrawHill,NewYork.

2.GuptaS.C.(2012).FundamentalsofStatistics, 7e. Himalaya PublicationCo.,NewDelhi.

3 Kothari C.R (1997).Research Methodology - Methods and Techniques. VishwaPrakashan,NewDelhi,1997

4. RamachandranP.(1993).SurveyResearchforSocialWork,InstituteforCommunityOrganization Research,Bombay.

5.RanjitKumar.(2014).ResearchMethodology.SagePublications,NewDelhi.

6.WilkinsonT.SandBhandarkarP.L.(2005).MethodologyandTechniquesforSocialResearch,16e(R eprint).HimalayaPublicationCo.,NewDelhi.

7. C.R.Kothari,ResearchMethodology,WileyEAStermUnited,NewDeihi,1985.

**Core-VII Dynamics of Human Behaviour**
**Course Code: PW2023**

| Hours Per Week | Number of Credit | Number of Hours | Marks |
|---|---|---|---|
| 3 | 3 | 45 | 100 |

## Objectives

- To impart knowledge on the stages of development.

- To develop an understanding of the various factors which influence personality development and behavior

- To apply the information on growth, development and health in social work practice ingeneral and individuals, groups and communities in particular.

-

| Co No. | Upon completion of this course, students will be able to | PSO addressed | CL |
|---|---|---|---|
| Co-1 | Understand the scope and nature of psychology. | **PSO-6** | **U** |
| Co-2 | Discriminate the schools of psychology. | **PSO-6** | **U** |
| Co-3 | Interpret the current perspective in psychology. | **PSO-6** | **Ap** |
| Co-4 | Develop the ability to understand the various factors which in fluence human growth and development. | **PSO-6** | **An** |
| Co-5 | Understand the theories of personality. | **PSO-6** | **U** |
| Co-6 | Analyze the important concepts of personality in various foreign psychologists. | **PSO-6** | **An** |
| Co-7 | Assess the hereditary and environment in their own personality development. | **PSO-6** | **E** |
| Co-8 | Understand the cognitive aspect of human psychology. | **PSO-6** | **U** |
| Co- 9 | Estimate the impact of psychological, social, economic andpolitical factors influencing the human behavior. | **PSO-6** | **An** |
| Co-10 | Identify the individual adjustment and maladjustment pattern | **PSO-6** | **U** |

**Unit - I**

**Psychology:** Definition, Nature, branches and scope. Schools of Psychology. Current Perspective in Psychology.

**Unit - II**

**Human Growth & development** - Pre-natal development and Socio cultural factors influencing development and hazards during infancy, toddler hood, pre – school, Childhood, puberty, adolescence, adulthood, middle age and old age.

**Unit – III**

**Personality:** Definition and Structure – Theories of personality: Trait and Type theories- Important concepts of the contributions of Freud, Jung, Adler, Maslow and Erickson. Factors influencing personality Development- Heredity & Environment.

**Unit – IV**

**Cognitive aspects of Psychology:** Sensation, Perception, Motivation, and learning Memory and attitude. Factors influencing behaviour: Psychological, Social, Economic, Political factors. Intelligence and creativity, measurement of intelligence ( IQ and Intelligence test.)

**Unit – V**

**Individual adjustment and Maladjustment**; Concept, cause and effects. Frustration and conflict; Types of conflicts, Defense mechanisms.

**Reference Book:**

1. Clifford, Morgen and King,Richard(1975) Introduction to
   Psychology,7<sup>th</sup>Edition, New York :McGraw Hill Inc.
2. Colman, James C. & Broen William E. (1972), Abnormal Psychology and
   Modern life, 4<sup>th</sup>Edition,Scott,Foresman and Company.
3. Gardner, Murphy (1964) An Introduction to Psychology,1<sup>st</sup> Edition,
   Calcutta : Oxford andIBH PublishingCo.
4. Hurlock, (1980) Elizabeth Personality Development,5<sup>th</sup> Edition, New Delhi:
   Tata McGrawHill Publishing Co. Ltd.
5. Mangal, S. K.(2007) General Psychology,2<sup>nd</sup> Edition, New Delhi: Sterling Publisher Pvt. Ltd.

# I M.S.W

## Semester I
## Life Skill Training - I
## Course Code: LST201

| No. of hours per week | Credit | Total no. of hours | Marks |
|---|---|---|---|
| 1 | 1 | 30 | 100 |

Objectives:
- To understand the fundamental rules of success
- To practice integrity in day to day life

Course Outcomes (COs)

| CO No. | *Upon completion of this course, the students will be able to:* | PSO Addressed | Cognitive Level |
|---|---|---|---|
| CO-1 | Understand the human values to lead a successful life | PSO- | U |
| CO-2 | Apply the ethics in real life situation | PSO- | A |
| CO-3 | Analyse and improve one's attitude | PSO- | Y |

Unit I
Success - Success formulae.
Goals - The law of Karma, The law of clarity, and The law of flexibility. Positive Mental Attitude - The law of optimism and self-confidence.

Unit II
Purposeful-Burning desire - The law of desire and The law of energy. Planning and Preparation - The law of planning.

Unit III
Resources - The law of maximization - Time and its management: health, courage, strengths and weaknesses, attitude, will and skill, enthusiasm, initiative, creativity/resourcefulness/ingenuity, experience, appearance, orderliness and neatness, courtesy, politeness and manners, charisma, live life, have luck and skills.

Unit IV
Self-discipline -The law of time preference and The law of direction. Action - The law of applied effort and The law of compensation.
Persistence.
Unit V
Prayers - The partnership with God - work with commitment towards the goal - work and prayer. Values - to attain stability in life -Benjamin Franklin's thirteen virtues.

Text Book
Rao, C.N. (2014). 10 Fundamental Rules of Success. India: V & S Publisher.

**Reference Books:**

1. Melgosa, J. (2013). Positive Mind. (3rd ed.). Spain: Safeliz.
2. Shukla, A. (2010). The 4-Lane Expressway to Stress Management. New Delhi: Unicorn Books.
3. Pease, A. (1990). Body Language. India: Sudha Publications Pvt. Ltd.

# Self-Learning Course
Course Code PW20S1
**Indian Polity**

## Objectives

- To get basic knowledge about Indian Constitution structure
- To understand the basic concepts and rights of Indian Citizens

## Unit-I

### Introduction to Indian Constitution

Historical Background (The company rule 1773-1858, The Crown Rule 1858-1947) Making of the Indian Constitution, Salient features, Preamble, Union and its territories , Citizenship,     Fundamental rights, Directive principle of State policy, Fundamental duties ( Article 1 to 51A)

### Unit-II
### System of Government

Parliamentary System- Features of parliamentary government , Features of Presidential government, Merits and demerits of Parliamentary system , Federal System – Federal features and unitary features of the constitution, Centre and state Relations- legislative relations, Administrative relations, Financial relations, Interstate Relations- Interstate water disputes, Inter state councils

### Unit- III

### Central Government

President – Election of the president , Qualifications, oath and condition, term, Impeachment, and vacancy, Powers and functions of of the president, Veto power of the president, Ordinance making power of the president, Pardoning power of the president, Constitution position of the president Vice president- Election, Qualifications , oath , Conditions of office, Term, Vacancy, Powers andfunctions Prime Minister- Appointment, oath, Term and salary, Powers and Functions of Prime Minister Powers and functions of Supreme Court, Judicial review, Judicial Activism

Central Council of Ministers

**Unit IV**

**State Government, Panchayati Raj, Municipalties, Union Territories and Special Areas**

Governor - Appointment of Governor, Term, Powers and Functions, Constitutional provisions

Chief Minister - Appointment of Chief Minister, Term, Powers and Functions, Constitutional provisions

State Legislature, High Court, Special Status and special provisions for some states,Panchayati Raj, Municipalities major powers and functions

**Unit V**

**Constitutional bodies and non Non Constitutional Bodies (only important Funtions)**

Constitutional Bodies- Election commission, Union Public Service Commission,

State public Service Commission, Finance Commission, National Commission for

SCs , STs, Special officer for linguistic Minorities, Comptroller and auditor General

of India, Attorney General of India, Advocate general of State

Non Constitutional Bodies- NITI Aayog , National Human rights, State Human rights, Central

Information Commission, State Information Commission, Central vigilance

Commission, Central bureau of Investigation, Local and Lokayuktas

**References**

1. M. Laxmikanth, Indian Polity, Fifth Edition, McGraw Hill Education (India) private limited (2017)

2. M. Karthikeyan, Governance in India Basic and beyond, Second edition, Kindle publication (2016)

3. D.D Basu Introduction to the Constitution of India, 23 rd Edition, Lexis Nexis publication (2018)

4. Manohar Pandey, General knowledge 2018, Arihant publications (India) Limited (2018)

5. Subhash C. Kashyap, Our parliament 2018, NBT. India publications (2018)

6. Spectrum, Indian Polity (first edition 2013, 6th edition 2018) Spectrum publications (India) limited(2018

# Semester III

## Major Elective - Public Health

### ManagementCourseCode:PW2032

| Hours/week | Credits | Total Hours | Marks |
|:---:|:---:|:---:|:---:|
| 5 | 4 | 60 | 100 |

**Objectives:**

- To get more knowledge about Health.
- To know various administrative structures in health care.

### CourseOutcome

| Co No. | Upon completion of this course, students will be able to | PSO addressed | CL |
|---|---|:---:|:---:|
| Co-1 | Understand the concepts of health and importance of Public Health. | **PSO-6** | **U** |
| Co-2 | Explain the symptoms, treatment, and prevention of communicable and non- communicable diseases. | **PSO-6** | **U** |
| Co-3 | Apply the skills of population policy in promotion of family planning. | **PSO-7** | **Ap** |
| Co-4 | Analyze the communication media in health education. | **PSO-6** | **An** |
| Co-5 | Understand the recent national health programme and schemes in India. | **PSO-6** | **U** |
| Co-6 | Discuss the various systems promoting Health care in India | **PSO-6** | **An** |

### Unit: I

**Concept of Health:** Dimensions of Health: Physical, mental, social, emotional and spiritual. Indicators of health: Mortality, morbidity, disability, nutritional status, environmental status, socio economic status and healthcare delivery. Public Health: Definition, meaning, functions and importance of Public Health.

### Unit: II

**Diseases:** Concept, definition, causative factors and its types. Symptoms, mode of transmission, treatment and prevention of major communicable diseases: (Air borne, water borne, Vector Borne) - TB, Sexually Transmitted Infections (STI), hepatitis, poliomyelitis, diphtheria, diarrhea, malaria, cholera, typhoid, leprosy and HIV/AIDS- Psycho social intervention in communicable diseases. Epidemic and Pandemic diseases in global level.

## Unit: III

**Non - communicable diseases:** Causes, symptoms, treatment and prevention of major non
- communicable diseases: cancer, diabetes, asthma, hypertension, cardiac
disorders,Occupational Health problems - Psycho social intervention in non -
communicable diseases
- Role of medical social worker.

## Unit: IV

**Family Planning and Health Education:** Definition and Scope. Birth control Methods – National Population Policy 2000 - Social Work intervention in promotion of Family Planning. Health education: definition, objectives, approaches, principles. Information, Communication and Education (IEC); Health advocacy and Health campaigning.

## Unit: V

**Health Care Planning and Management:** Healthcare Planning - Meaning, Definition, Objectives, goals. Health Care System in India: PHC, CHC, Taluk hospital, District hospital, Medical College, specialized hospitals (Public, Private, Indigenous and Voluntary). National Health Policy 2017 - Achievements and Short comings. National Health Programmes and schemes - NHM : NRHM and NUHM

**Reference Books:**

1. Anderson Clifford R., (1977) Your guide to health, (1st
   Edition) Oriental Watchman ,Pune, Publishing House.
2. Davidson Stanley, Passmore R., Brock J. F, Truswell A. S., Edinburgh,
   (1979)Human Nutrition & Dietetics,(7th Edition) , London, Churchill Living
   stone.
3. Suraj Gupte, (1991) Speaking of Child Care, (8th Edition) New Delhi,
   Sterling Publishers Pvt. Ltd.
4. Park. K,(2013)Preventive and Social
   Medicine,(21stEdition),Jabalpur, India Banarsida's Bhanot
   Publishers.
5. Rabindra Nath Pati, A.P.H. (2008) Family Planning,
   (1stEdition), New Delhi. Publishing Corporation.

# Semester III

## SPECIALIZATION PAPERS- COMMUNITY DEVELOPMENT

## RURAL COMMUNITY DEVELOPMENT

### Sub Code: PW1432

| Number of Hours per Week | Number of Credit | Total Number of Hours | Marks |
|---|---|---|---|
| 6 | 5 | 90 | 100 |

### Unit :I - Rural Community Development

History of rural community development in India, Community Development- definition, concepts, objectives, scope. Approaches: Sectoral, Integrated and Participatory approaches .Community Development administration- Block and panchayat levels- Panchayat raj and Tamilnadu panchayath ACT.

### Unit :II – Agencies

DRDA, TNWDC, CAPART, NABARD, NGOS and Rural Development Bank. People participation in sustainable development, PRA and RRA

### Unit :III - Community development Program

Area development: Agriculture, Hill, drought prone development and Tribal area programme- Employment development programme- Social welfare programme: Women, children, Old age, physically and mentally challenged.

### Unit:IV - Problem of Agrarian community

Unemployment, Indebtedness, Migration and Farmers Suicide- Impact of Globalization: Mechanization, loss of livelihood, Feminization of labor and shift in crop cultivation - Remedial Measures of problems of agrarian community.

### Unit:V - Intervention in rural community Development

Need Assessment, Resource mapping, Resource mobilization, Rural Leadership, Social harmony, Monitoring and Evaluation-Collaboration and Networking- Skills and Challenges faced by the Social worker.

**Major Elective-**

**MentalHealthandPsychiatricDisordersCourseCode:PW2034**

| Hours/Week | Credits | Total Hours | Marks |
|:---:|:---:|:---:|:---:|
| 5 | 4 | 60 | 100 |

**Objectives:**

1. To impart knowledge of Psychiatric Illness
2. To train the students to practice Psychiatric Social Work Effectively

**Course Outcome**

| Co No. | Upon completion of this course, students will be able to | PSO addressed | CL |
|:---|:---|:---:|:---:|
| Co-1 | Understand and use inner wisdom to work in the field of mental health. | **PSO-6** | **U** |
| Co-2 | Identify the concepts related to mental health and mental illness and theoretical underpinnings related to it. | **PSO-6** | **U** |
| Co-3 | Explain the general classification of mental disorder. | **PSO-6** | **U** |
| Co-4 | Develop the psycho- social interventions in preventive, promotive and curative services that work towards enhancing the dignity of persons living with mental illness. | **PSO-6** | **C** |
| Co-5 | Cite the examples of other mental disorder. | **PSO-6** | **U** |
| Co-6 | Identify the psychiatric disorder in children, adolescence and women. | **PSO-6** | **U** |
| Co-7 | Understand the psychiatric interviewing and National mental health programme | **PSO-6** | **U** |

## Unit: I

**Mental Health:** Definition and meaning of Mental Health, Mental Disorder- Psychiatry: Concepts, Criteria and characteristics of Mental Health and Neuro transmitters of mental functioning- History of Psychiatry in India. International Classification of Mental Disorder –

ICD 10 and DSM 5. Changing trends in Mental Health.

**Unit: II**

**General Classification of mental disorders – Functional and Non-functional:** Functional (Non-organic) Mental disorders : Psychotic disorders and Neurotic disorders; Psychotic disorders : Schizophrenia, Mood disorders, Delusional disorders; Neurotic disorders : Anxiety disorder, Phobic disorder, Obsessive Compulsive Disorder (OCD), Hysteria, Hypochondriasis. Non- functional (Organic) Mental disorders : Delirium, Dementia, Amnestic Syndrome.

**Unit: III**
**General Classification of Mental Disorders – Personality disorders, Psychosexual disorders, Psychoactive Substance Abuse:** Personality Disorders – types. Psychosexual disorders – Dhat Syndrome, Erectile dysfunction, Premature ejaculation, Paraphilias, Male or female arousal disorders. Psychoactive Substance Abuse.

**Unit: IV**
**General Classification of Mental Disorders – Psycho somatic disorders, Stress related disorders, Child Psychiatric disorders and Others:** Psychosomatic disorders – Peptic ulcer, bronchial asthma, ulcerative colitis, psoriasis, allergic dermatitis, hypertension, irritable bowel syndrome. Stress related disorders – Acute Stress Reaction, Post Traumatic Stress Disorder (PTSD), Adjustment disorder. Child Psychiatric Disorders – Autism, Developmental disorders, Mental Retardation, Attention Deficit Disorders (ADD), Attention Deficit/Hyperactivity Disorder (ADHD). Emotional disorders, Habit disorders. Digital disorders. Trans Cultural Psychiatry.

**Unit: V**
**Psychiatric interviewing and National mental health programme:** Case History Taking and Mental Status Examination. Uses of Rating scaling in assessment and intervention. Mental Healthcare Act, 2017. National Mental Health Policy, District mental health programme.

**References Books:**
1. Francis J. Turner (1996) Social Work Treatment-Interlocking Theoretical approaches,(4ᵗʰ Edition) ,New York.The FREE press, A division of Simon & Schuster Inc.
2. Seker.K, Parthasarathy.R, Muralidhar.D, Chandrasekar Rao.M,(2007) Handbook of psychitric social work,(2ⁿᵈ Edition) , Bangalore, National Institute of Mental Health and Neuro Science.
3. Dr.Ramakrishanan.K, Dr.Arun Kumar.N, (2010) Psychiatry Made Easy, (1ˢᵗ Edition), Trichy, ATHMA Institute of Mental Health and Social Science.

4. Jennifer, John Wiley & Sons, (1981) An outline of modern psychiatry, (5ᵗʰ Edition) **Hoboken.**
5. Venkatesan.S, (2004) Children with development disabilities, (1ˢᵗ Edition) Amerind pub,sage publication.

**URBAN COMMUNITY DEVELOPMENT**

**Sub Code: PW1433**

| Number of Hours per Week | Number of Credit | Total Number of Hours | Marks |
|:---:|:---:|:---:|:---:|
| 6 | 5 | 90 | 100 |

**Unit: I - Urban Community Development**

Concepts, Town, City Metropolis, Sub Urban and Urbanization- Characteristics' of Urban Community- Urban growth in India: trends, causes and consequences- Urban community development: Definition, Scope, Approaches, and principle.

**Unit :II - Urban Social problems**

Definition, characteristics, causes and Consequences of urban problems and remedialmeasures (slum, white collar crime, pollution, traffic, unemployment and housing)-Tamil Nadu slum clearance board: structure, programme and Act.

**Unit : III - Urban community development Programmes and agencies in Tamil Nadu**

Urban community development Programmes- People's Participation in urban community development- importance and scope, factors hindering people's participation- State and Central Govt. Agencies involved in Urban Community Development (CMDA, Town & Country Planning Authority & TWAD)

**Unit :IV - Social Work Intervention in UCD**

Awareness building, goal setting, organizing, identifying and developing leadership, resource mobilization, resolving group conflicts, programme planning and service delving, enlisting, development human resources, monitoring and evaluation.Application of Group Work, Community Organization and Social Action in UCD.

**Unit :V - NGOs and their contribution to urban community development**

Training, Organizing and mobilizing peoples' groups- need for networking among NGOs.

**Major Elective - Medical Social**

**WorkCourseCode:PW2036**

| Hours/week | Credits | Total Hours | Marks |
|:---:|:---:|:---:|:---:|
| 5 | 4 | 60 | 100 |

**Objectives:**

- To impart knowledge on the importance of Medical social work.
- To train the students to practice medical social worke ffectively

**Course Outcome**

| Co No. | Upon completion of this course, students will be able to | PSO addressed | CL |
|---|---|---|---|
| Co-1 | Explain the concepts related to health and illness. | **PSO-6** | **U** |
| Co-2 | Understand the interplay of health illness and patients that leads to inequalities. | **PSO-6** | **U** |
| Co-3 | Understand the knowledge of various illnesses and identify its psychosocial impacts. | **PSO-6** | **U** |
| Co-4 | Apply the skills of medical social work interventions and ability to work in hospital teams. | **PSO-6** | **Ap** |
| Co-5 | Analyze the concepts and different types of disabilities. | **PSO-6** | **An** |
| Co-6 | Apply the Medical social work techniques in disabilities. | **PSO-6** | **Ap** |
| Co-7 | Understand the different types of social legislation acts. | **PSO-10** | **U** |
| Co-8 | Apply the knowledge of social legislations related to public health in social work practice. | **PSO-10** | **Ap** |

**Unit: I**

**Medical social work:** Definition, History in India, scope, skills and social work intervention of practicing medical social work, Limitations of practicing medical social work. Meaning and importance of preventive medicine- Concept and types of prevention. Social work intervention

in the prevention of diseases and promotion of health.

**Unit: II**

**Patients, Health, illness and Health care:** The concept of patient as a human being- Problems of hospitalization of the patient: familial, economic, emotional and social. Methods of fund raising and resource mobilization. Rights and Duties of patient.

**Unit: III**

**Models and Approaches:** Models of Healthcare- Multidisciplinary approach and team work in treatment. Role and functions of the medical social worker as a member of the treatment team, and general hospital and its departments - Eye Bank, Blood Bank, Specialized Clinic(Neurology, Reproductive healthcare, Cardio vascular Problem, Cancer, Diabetes, occupational health problems), Organ and tissues donation. Medico legal issues.

**Unit: IV**

**Disabilities:** Meaning, definition, types, magnitude, consequences, causes, symptoms, treatment and prevention of disabilities (Speech, hearing, Visual, Physical & mentally challenged) –

Intervention among psycho social problems of differently abled. Differences among Impairment, Disability and Handicap.

**Unit: V**

**Social Legislation related to Public Health:** Rights of Persons with Disabilities Act (RPWD) 2016, Rehabilitation Council of India Act 1992, Medical Termination of Pregnancy Act (MTP) 1971, Food Adulteration Act 1954, The Drugs and Cosmetics Act 1940, The Births, Deaths and Marriages Registration Act 1886, The Epidemic Diseases Act 1897, The Prohibition of Smoking in Public Places Rules 2008.

**Reference Books:**

1. Dora, GoldStien,(1954) Expanding Horisons in Medical Social Work,(1st Edition), Chicago, The University of Chica go Press.

2. Park.J.E&Park.K,(1997)Preventive and Social Medicine,(4thEdition),Jabalpur Banaridas Bhanot.
3. Banerjee, Gouri Rani, (1998) The Tuberculosis Patient, (1st Edition), Mumbai Tata Institute of Social Sciences.
4. Javeri D. R.,( 1996) Social Work in Hospital Set up,(4th Edition) Mumbai, KEM Hospital.
5. Pathak, S.H, (1961) Medical social Work in India, (1st Edition) Delhi,School of SocialWork.
6. Sundar.I,(2009) Social Work Practices in health and Medical Profession,(1st Edition) New Delhi,Sarup Book Publishers Pvt. Ltd.

## SEMESTER III
## FIELD WORK

| Course Code | L | T | P | S | Credits | Inst. Hours | Total Hours | Marks | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | CIA | External | Total |
| **PW20P4** | 4 | 2 | - | - | **3** | **6** | **90** | **50** | **50** | **100** |

**Prerequisites:** Basic Understanding of Non-Governmental Organizations

**Learning Objectives**
1. To Understand different fields/settings of Social Work practice
2. To Understand basic skills required to practice Social Work
3. To demonstrate Competencies to face challenging tasks in the field from a social work perspective
4. To identify the challenges of Individuals, groups and communities from a Macro and Meso perspective

## Course Outcomes

On the successful completion of the course, student will be able:

| | |
|---|---|
| CO1: To integrate the classroom learning with field practice - the knowledge related to different field settings- establishment of NGO'S and its work with the beneficiaries | K1 |
| CO2 : To understand the application of different skills related to case work,Group work and other methods of Social Work | K1 |
| CO3: To realize one's development of self and conduct oneself professionally in the field | K2 |
| CO4: To apply and practice skills acquired in the process of learning in handling various types of clientele | K3 |
| CO5: To assess the concept of field learning and learn about working in different settings | K5 |
| CO6: To apply social work competencies to resolve Social problems | K3 |

| Units | Contents | No. of. Hours |
|---|---|---|
| I | **Organizational Profile:** History of the Agency, Vision, mission, Organization Chart, funding resources, different types of beneficiaries, its work in the field, networking agencies | **21** |
| II | **Various Methods of Social Work –** Skills required in the practice of Case work, Group Work, community organization and Social Research, Assessment of the community profile | **21** |
| III | **Specific Areas of work of the Agency –** Its expertise in the area of work, staff resources, and locations of work networking and challenges faced | **21** |
| IV | **Services provided by the agency** to the beneficiaries- Follow up and termination of services, adherence to professional ethics, Documentation and | **21** |

| | Report presentation | |
|---|---|---|
| **V** | **Social Legislation:** Legislations applicable to the Organization, Legislations for women and children | **21** |

| Self Study | **Unit-V** Legislations applicable to the Organization |
|---|---|

### Semester III
### Life Skill Training - II
### Course Code: LST202

| No. of hours per week | Credit | Total no. of hours | Marks |
|---|---|---|---|
| 1 | 1 | 30 | 100 |

**Objectives:**
**1. To aid students in making right choices and decisions**
**2. To create awareness on practical methods that lead to personal and societal development**

### Course Outcome (CO)

| CO No. | *Upon completion of this course, the students will be able to:* | PSO Addressed | Cognitive Level |
|---|---|---|---|
| CO-1 | Identify the root cause of social evils and it's consequences | PSO- | An |
| CO-2 | Understand the importance of personal and emotional well being | PSO- | Un |
| CO-3 | Empathise with the needy and disabled | PSO- | Ap |

**Unit I**

Corruption - causes and types. Seeds and remedies of corruption.

Casteism - causes and consequences.

Communalism - characteristics - causes and remedial measures.

Regionalism - characteristics - causes and remedial measures.

**Unit II**

Abortion - reason and methods. Birth control

Alcoholism - alcoholism and causes of drinking. Harmful effects of liquor.

Drug addiction - causes - effects and control of drug addiction.

**Unit III**

Depression - signs - causes and treatments.

Suicide - signs and treatments. Child labour.

**Unit IV**

Divorce - causes and effects. Steps to avoid divorce.

Dowry system in India - Legislations to inhibit dowry system. Cases and problems.

**Unit V**

Care and concern for the aged and disabled - need to take care of elders. Caring of someone with physical disability.

HIV and aids - basic facts - causes - prevention and treatment.

**Text Book:**

(Compilation will be provided to the students)

**Reference Books:**

CN. Shankar Rao, India Social Problems - A Sociological Perspective. S. Chand and Company Limited. New Delhi. 2015.
CN. Shankar Rao, Sociology of Indian Society. S. Chand and company limited. New Delhi. 2004
Gawain, Shakti and Laurel King.Living in the Light. - A Guide to Personal Transformation. Natraj Publishing. Canada. 1998.

**MajorCore-**

**Psychological Counselling: Theory and Practice Course Code:**

**PW2041**

| Hours/Week | Credits | Total Hours | Marks |
|:---:|:---:|:---:|:---:|
| 5 | 4 | 60 | 100 |

**Objectives:**

1. To impart knowledge of effective Counselling Techniques.
2. To train students to be an efficient Counsellor.

**Course Outcome**

| Co No. | Upon completion of this course, students will be able to | PSO addressed | CL |
|---|---|---|---|
| Co-1 | Recall the concepts and objectives of counselling. | **PSO-3** | **K** |
| Co-2 | Understand the methods and techniques of counseling and Identify the problems and limitations of counselling. | **PSO-6** | **U** |
| Co-3 | Apply the skills of counselling in various settings. | **PSO-6** | **Ap** |
| Co-4 | Explain the importance of various theories in counseling & Develop an understanding of Disastervictims | **PSO-8** | **An** |
| Co-5 | Assess the ethics and models of guidance and comparethe counselling and guidance settings | **PSO-6** | **E** |
| Co-6 | Formulate various disaster managements trategies from Counseling techniques. | **PSO-6** | **C** |

**Unit :I**

**Counselling:** Definition, Concepts, Objectives, Needs, Principles, Process, Skills, Techniques .Problems and Limitations of Counselling. Types of Counselling – Family, Group, Individual ,Marital, Student, Geriatric. Counselling Relationship.

**Unit: II**

**Theories and Therapies:** Psychoanalytic Theory, Adlerian Theory, Client Centered Theory, Behaviour Modification Theory, Rational Emotive therapy, Gestalt Theory, Reality Therapy and Transactional Analysis.

**Unit: III**

**Counselling Practice in various Groups and Settings:** Counselling in Groups – T Groups,Encountergroups,Supportgroups,PsychoeducationalgroupsandPsychotherapygroups.Counselling center–Family court, VCTC, ICTC, Family center, Palliative care center, Industrial center. Counseling with special Groups: Children, Youth, Aged and differently abled.Career Counselling with Adolescents.

**Unit: IV**

**Psycho social support in Crisis and Trauma:** Reactions subsequent to Disaster (Mental HealthAspects,EmotionalReactions),Shock,Vigilance,Despair,Crying,Numbness,GuiltandRelieving. Basic Techniques of Counselling- Ventilation, Empathy, Active Listening, Social Support,Externalization of Interest, Valuation of Relaxation and Recreation and Spirituality. Crisis and Trauma counselling – Resilience and Psychological first aid; Supportive counselling withPLHIV, TB patients, Infertility Counselling, Sex counselling,Bereavementcounselling, Counsellingin disaster, Counselling againstsuicidal thoughts and Community counselling.

**Unit:V**

**Counselling as a Profession:** Counsellor as a Professional; Ethical standards in Counselling;Research;RelevanceofCounsellingasaSocialworkpractice;Roleofprofessionalsocialworkerincounsellingfield,FCCincounsellingprofession;Do'sandDon'tsinCounselling.

**Reference Books:**

1. Francis J. Turner,(1996) Social Work Treatment-Interlocking Theoretical approaches,(4thEdition)New York,.The FREE press, Adivision of Simon& SchusterInc.
2. John Antony.D,(2006)Mental Disorders Encountered in Counselling- A textbook ofclinical psychology Based on Diagnostic and statistical manual of mental disorders,(2ndEdition)Dindugal, Tamilnadu, Anugrahapublications.
3. LewisE.Patterson,ElizabethReynoldsWelfel,(2001)Thecounselingprocess,(5thEdition)Clevelandstateuniversity, Wadsworth, Thomson Learningpub.
4. Feltham.C&Horton.I(2000)HandbookofCounsellingandPsychotherapy,(2ndEdition)London: SagePublication.

5.   Nelson-Jones,R.(1995).TheTheoryandPracticeofCounselling,(2ndEdition),London
     :Cassell.

**Semester IV**

**Specialization paper- Community Development**

**NGO MANAGEMENT**

**Sub Code: PW1441**

| Number of Hours per Week | Number of Credit | Total Number of Hours | Marks |
|---|---|---|---|
| 6 | 5 | 135 | 100 |

**Unit : I - Introduction to NGOs in India**

Concept and characteristics, types of NGO, Role of NGOs in National development, History of NGOs in India.

**Unit: II - NGO formation and management**

Legal requirements, registration procedure under Tamil Nadu Societies Registration Act 1975, Indian Trust 1882, companies Act 1956. Tax regulation concerning NGOs: Specific tax exemption (section 12A, section 35AC, section 80G and 80GG of Income Tax Act). Foreign contribution – legal regulations (Foreign Contribution Regulation Act)

**Unit :III - Introduction to project management**

Concept, objective, principles, scope, importance and methodology. Project Formulation: Various steps, project proposal.

**Unit: IV - Planning management and  implementation project**

Activity planning, network analysis, monitoring of development project, Management Information System, Project Evaluation; Methods of project planning- Programme Evaluation Review Technique(PERT) and Critical Path Method(CPM) and Logical frame Analysis(LFA), Base line survey.

**Unit :V - Resource Mobilization**

Techniques of fund raising; Documentation, Record keeping, Self assessment and accreditation methods.

**SemesterIV**

**MajorElective-**

**Psychiatric Social Work Course Code:**

**PW2043**

| Hours/Week | Credits | Total Hours | Marks |
|---|---|---|---|
| 5 | 4 | 60 | 100 |

**Objectives:**

1.   To impart knowledge on the importance of Psychiatric Social Work.

2. To train the students to practice Psychiatric Social Work Effectively

**Course Outcome**

| Co No. | Upon completion of this course, students will be able to | PSO addressed | CL |
|---|---|---|---|
| Co-1 | Understand the history of psychiatric social work | **PSO-6** | **U** |
| Co-2 | Interpret the major therapeutic approaches of intervention and rehabilitation. | **PSO-6** | **U** |
| Co-3 | Apply the skills of working with different populations across a variety of settings. | **PSO-6** | **Ap** |
| Co-4 | Understand the relevance and applicability of different approaches vis a vis emotional and interpersonal issues. | **PSO-6** | **U** |
| Co-5 | Create the community mental health programme for high risk group. | **PSO-6** | **C** |

### Unit: I

**Psychiatric Social Work:** Definition, History, Scope, Characteristic and Importance of psychiatric social work. Community Psychiatry: History, Principles and Intervention.

### Unit: II

**Psychiatric Social work in various settings:** Psychiatric Social Work as a Primary Setting- Psychiatric social work intervention in Various Settings- De-addiction centers, mental health centers, Educational centers, Medical centers, Geriatric care centers, Correctional centers, Special school, Half way homes, day care centers, Child Guidance clinic, Suicide prevention. Admission and Discharge procedures in Psychiatric hospital: Voluntary and Involuntary Admission.

### Unit: III

**Psychiatric Therapies:** Individual and Group Psycho Therapies, Conjoint Therapy, Organic Therapy-Medication, Electro Convulsive Therapy (ECT), Milieu Therapy, Occupational Therapy, Cognitive Behavioral Therapy (CBT), Exposure and Response Prevention (ERP), Logo therapy, Neuro Linguistic Programme (NLP), Recreational and Relaxation therapies. Psychiatric hospital as a Therapeutic Community.

### Unit: IV

**Psychiatric Rehabilitation:** Meaning, concept, definition, Principles of Rehabilitation, Intervention of psychiatric social worker in Rehabilitation- Assessment, Planning, Implementing and Evaluating Rehabilitation Services. Community intervention in Rehabilitation (Individual, family, groups, community). Types of Rehabilitation Centers.

**Unit: V**

**Community Mental Health Programme for High Risk Groups:** Post Partum Mothers, Children, Adolescents, Elderly, the mentally challenged, Alcoholic, Drug Dependence, Chronically Ill, families-in-distress, Disaster and Suicide victims. Prevalence of Mental Health problems among various groups

**Reference Books:**

1. Francis J. Turner, (1996) Social Work Treatment-Interlocking Theoretical approaches,(4th Edition) New York, The FREE press, A division of Simon & Schuster Inc.
2. Sekar.k, Parthasarathy, Muralidhar, Chandrasekar Rao,(2007) Handbook of Psychiatric Social Work,(1st Edition) Bangalore,National Institute of Mental Health and Neuro Science.
3. Dr.Ramakrishanan.K, Dr.Arun Kumar.N, (2010) Psychiatry Made Easy, (1st Edition) Trichy ,ATHMA Institute of Mental Health and Social Science.
4. Purnima N Mane,(1990) Setting in Child Guidance's Clinic,(1st Edition)Mumbai ,Tata Institute of Social Service.
5. Purnima N Mane, Katy and Gandevia, (1993) Mental Health in India, (2nd Edition) Mumbai, Tata Institute of Social Sciences.

## Major Elective - Hospital

## Administration Course Code:

## PW2045

| Hours/Week | Credits | Total Hours | Marks |
|:---:|:---:|:---:|:---:|
| 5 | 4 | 60 | 100 |

**Objectives:**

1. To impart knowledge of hospital administration.
2. To train students to be an efficient hospital administrator.

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### Course Outcome

| Co No. | Upon completion of this course, students will be able to | PSO addressed | CL |
|---|---|:---:|:---:|
| Co-1 | Understand the meaning –evolution from charity to modern hospital and classification of hospital. | **PSO-7** | **U** |
| Co-2 | Interpret the hospital administration-concept, principles and hospital administrator-role, functions and duties | **PSO-7** | **U** |
| Co-3 | Understand human resource planning: Methods and techniques | **PSO-7** | **U** |
| Co-4 | Discuss the counselling-Training and development of various categories and uses of computers in hospital. | **PSO-7** | **Re** |
| Co-5 | Analyze hospital organization and role of hospital in the health care delivery system. | **PSO-7** | **An** |
| Co-6 | Understand the quality assurance in hospital services | **PSO-7** | **U** |
| Co-7 | Understand the laws pertaining to hospital | **PSO-7** | **U** |

### Unit: I

**Hospital as a System:** Hospital - Meaning, Evolution from charity to modern hospital, Classification. Hospital Administration - concept, definition, general principles, importance, functions, patterns and standards.

**Unit: II**

**Human Resource Planning:** Human Resource Planning : Methods and techniques - recruitment, selection, induction, placement, performance appraisal, career planning and counseling. Trainingand development of various categories. Uses of Technology in hospital.

**Unit: III**

**Organization of Hospital Administration:** The governing boards - The Department organization-The Hospital auxiliary-Role of hospital in the health care delivery system. Corporatization of hospitals.

**Unit: IV**

**Quality Assurance in Hospital services:** General consideration - Setting the standard and associated problems - Improving the quality of hospital services**.** National Accreditation Board for Hospitals and Healthcare Providers (NABH)

**Unit: V**

**Laws pertaining to hospital:** The Employees Provident Fund Act 1952, The Employees Pension Scheme 1995, Employees Deposit Linked Insurance Scheme 1976, The Employees State Insurance Act 1948, The Health Insurance Policy (Both Government and Private) – Issues and Challenges.

**Reference Books:**

1.  McGiobony, (1952) Principles of Hospital Administration,(2nd edition) Putnam, TheUniversity of California.

2.  Arya P.P and Gupta R.P (1989), Human Resource and Accounting, (3rd Edition) Delhi,Deep and Deep.

3.  Goel, SL and Kumar.R(1990) Hospital Administration and Management,(2nd Edition),Delhi,Kalinga.

4. Mathur.B.L(1990),HRD Strategies, approaches and experiences,(1st Edition)Jaipur,Assistant Publishers.

| Course Code | L | T | P | S | Credits | Inst. Hours | Total Hours | Marks | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | CIA | External | Total |
| **PW20P6** | **4** | **2** | **-** | **-** | **4** | **6** | **90** | **50** | **50** | **100** |

**Prerequisites:** Basic Understanding of Non-Governmental Organizations
**Learning Objectives:**
1. To observe and understand the dynamics of setting up a social welfare Organisation

2. To observe the nature of their functioning and funding resources

3. To learn about the staff functioning and of application of Social  Work methods

4. To document and learn the  process of recording

5. To Understand  basic skills required to practice Social Work

**Course Outcomes**

| On the successful completion of the course, student will be able: | |
|---|---|
| CO1:To integrate the classroom learning with field practice - the knowledge related to different field settings- establishment of NGO'S  and its work with the beneficiaries | **K1** |
| CO2 : To understand  the nature of the NGO'S functioning and funding resources | K2 |
| CO3: To apply, evaluate and follow up appropriate methods of Social Work in the field | K3 |
| CO4: To apply and practice  skills acquired in the process of dealing with clients and establish rapport | K3 |
| CO5: To assess the concept of field learning and learn about working in different settings | K5 |
| CO6: To learn the process of documentation and recording | K6 |

| Units | Contents | No. of. Hours |
|---|---|---|
| **I** | **Organizational Profile:** History of the Agency, Vision, Mission, Organization Chart, funding resources, different types of beneficiaries, its work in the field, networking agencies | **21** |
| **II** | **Various Methods of Social Work –** Skills required in the practice of Case work, Group Work, community organization and Social Research**.**Evaluation of the effectiveness of methods and critical review. | **21** |
| **III** | **Expertise of the Agency –** Agency's success story, challenges faced,  SWOT analysis, vision and mission | **21** |
| **IV** | **Services provided by the agency** to the   beneficiaries- Follow up and | **21** |

| | termination of services, adherence to professional ethics. | |
|---|---|---|
| **V** | **Social Legislation :** Legislations applicable to the Organization, functioning of free legal aid clinics, legal support services to clients | **21** |

| **Self Study** | **Unit-v** Legal support services to clients |
|---|---|

**Semester IV**
**Life Skill Training - II**
**Course Code: LST202**

| No. of hours per week | Credit | Total no. of hours | Marks |
|---|---|---|---|
| 1 | 1 | 30 | 100 |

**Objectives:**
**1. To improve the integral growth of human being towards sustainable development.**
**2. To create awareness about human rights, values and their significance and their role.**

**Course Outcome (CO)**

| CO No. | *Upon completion of this course, the students will be able to:* | PSO Addressed | Cognitive Level |
|---|---|---|---|
| CO-1 | Understand the pros and cons of organ donation and transplant. | PSO- | |
| CO-2 | To recognise their rights and address the issues pertaining to human rights violation. | PSO- | |
| CO-3 | To acquire the skills required for a successful personal and professional life. | PSO- | |

**Unit I**

Generation gap - causes. Bridging the generation gap.

Donate life - pros and cons of organ donation - organ donation and transplant.

**Unit II**

Impact of mass media on society - functions and social impacts of media. Responsible freedom – freedom and responsibility.

**Unit III**

Violation of human rights - the right to live free. Freedom to move - freedom of thought and freedom

of expression. Right to democracy - types of violations and safeguarding of human rights.

**Unit IV**

Impact of materialism on youth.

Terrorism - causes - solutions to rid the world of terrorism and remedy.

**Unit V**

Marriage preparation - Fidelity and permanence. Values to practice for a successful marriage. Tips fora successful marriage.

Professional ethics and human values - work ethics - ethics and character. Civic virtues and respect for others. Types of value and its nature. Professional value and duty ethics - how to face challenges inthe work place.

**Text Book:**

(Compilation will be provided to the students)

**Reference Books:**

Baghel, Dr. Sanjay Singh. *Social Media and Indian Youth*. Apple Books. New

Delhi.2015.Bhagwan , Dada. *Generation Gap* .Mahavidya Foundation. Ahmedabad.

2000.

M. Govindarajan, S. Natarajan and V.S. Senthil Kumar. Professional Ethics and Human Values. PHI Learning Private Limited. New Delhi .2013.

Don Miguel Riuz and Heather Ash Amara. *The Seven Secrets to Healthy , Happy Relationships.* Hierophant Publishing . 2018.

| | |
|---|---|
| | **Content addressed with Employability** |
| | **Content addressed with Entrepreneurship** |

**\*\* All the courses focused on skill development**